

Blackthorn Trust Pain Management Programme

Funded by West Kent CCG

For patients suffering chronic pain unresponsive to pain clinic or secondary care interventions

GP Application Form

Patient's Name

DOB

Address

Postcode

NHS number

Please attach

1. Print-out of Medical History (eg. Visit Report) including medication
2. Copies of relevant specialist letters, summary, investigations
3. Any particular advice/comment

GP Name & signature

Date

Surgery address

NOTES

Patient Eligibility:

- Resident within West Kent
- The condition has been fully investigated
- The condition has proven unresponsive to hospital or pain clinic interventions and with no planned follow-up

Likely conditions:

- Chronic spinal & joint related pain
- Resistant conditions: Fibromyalgia, Migraine, IBS, Reflex Sympathetic Dystrophy Syndrome
- Neuropathic, Idiopathic, Functional pain disorders

Aims:

- To reduce levels of pain, insomnia, anxiety, depression and exhaustion
- To strengthen self-confidence, kindle motivation, broaden outlook & experience
- To encourage greater independence through activity and exercising new skills in supported work
- To reduce levels of medication, especially opiates

Please return the completed application to Blackthorn Trust, St Andrew's Road, Maidstone, ME16 9AN.